

EYCC - POND POLICY 2022

OBJECTIVE – To operate the Pond Sessions SAFELY with the minimum number of Coaches / Supervisors and comply with BC and Insurance minimum standards.

MINIMUM Supervision

- **1 no Up-to-Date Coach (or Experienced Coach) and a Trained Assistant**
- **2 no Supervisors with First Aid**
- **2 no Supervisors capable of Unconscious Paddler Rescue.**

Example of Supervision to Paddler Ratios

Supervision		Paddlers	
Coaches	Trained Assistant	Max Number of Inexperienced Paddlers	Experienced Paddlers (2 star or equivalent)
1	1	8	Unlimited
2	1	16	Unlimited
3	1	24	Unlimited
4	1	32	Unlimited

RULES

1. The term “Coach” includes “Paddlesport Instructor”.
2. All Coaches must be Qualified to at least BC level One standard.
3. Level 1 Coaches and Trained Assistants must have been inducted onto the pond.
4. Coaches and Assistants must be aware of, and comply with Pond Risk Assessment and Policy.
5. Coaches must be capable of Dynamic Risk Assessment.
6. The Coach may vary the above recommended ratios based on their own experience, the Trained Assistant’s experience, the experience of the paddlers, weather conditions and the activities being undertaken.
7. Final decision as to the ratios lies with Coach.
8. The Coach **MUST** cancel the session or reduce the number of paddlers on the Pond if they judge it to be necessary.
9. Solo paddling (without bankside cover) is strictly forbidden!
10. The Trained Assistant must be in line of sight of and under the supervision of the Coach at all times.
11. **Over 18 years old Experienced paddlers** to have full access to the Pond (excluding ramp) as long as they are in groups of three or more. **Under 18 years old** Experienced paddlers must be accompanied by 2 Experienced adults.
12. **All** Coaches, Trained Assistants and Experienced paddlers to carry emergency whistles.
13. Non-members are allowed **FOUR** taster sessions. Name, address, medical forms and dates must be completed and recorded.
14. Pond Sessions are routinely on Wednesday evenings and Saturday mornings. Cancellations and breaks will be announced via Facebook / Messenger. Any additional sessions, including those intended by the **Club Polo Team**, **MUST** be sanctioned by either the Chair, Vice Chair or Secretary.
15. Safety Helmets to CE EN 1385 – Compulsory for SUP & Kayakers. Recommended for Open Canoeists.
16. Ramp – Only to be used under the supervision of a Trained Supervisor.
17. Coaches from other clubs may be used provided they are verified as BC “Up-to-date”.

PADDLER CATEGORIES

Supervision

All Supervisors must have: -

- Completed appropriate site training.
- Current First Aid Certificate.
- Capable of Unconscious Paddler Rescue.
- Capable of Self Rescue.

LEAD Supervisors must also be: -

- Over 18
- Enhanced DBS checked (if classed as a Regular Coach and supervising under 18's).

Up-To-Date Coach – BC definition

- BC Member.
- One Day First Aid Course.
- Continuous Professional Development.
- Safeguard Training.

Experienced Coach / Instructor – EYCC definition

- Out-of-date Coach / Instructor
- Be capable of carrying out Self Rescue and Unconscious Paddler Rescue.
- First Aid Certificate
- DBS.
- EYCC Club Member.
- BC Member.

Trained Assistant – EYCC Definition

- 2-Star capability (as assessed by EYCC).
- Be capable of carrying out Self Rescue and Unconscious Paddler Rescue.
- First Aid Certificate.
- DBS (Over 18's).
- EYCC Club Member.
- BC Member (Recommended but not obligatory)
- Minimum 14 years old AND of Mature Personality.

Paddlers

Experienced Paddler

- 2-star capabilities (to be assessed by Experienced Coach).

Inexperienced Paddler

- New Starters.
- Paddlers below our assessment as 2-star capabilities.